



Discussion Guide 5

September 30

Why and How Do I Pray?

1. Have you ever tried praying? How did it go?

2. Why Pray?

- Presence of God
- Peace
- Perspective
- Power

3. How do we pray?

- Thanksgiving
- Confession
- Supplication

4. When should we pray? Do you imagine someone is truly listening to each word?

- Keep it real
- Keep it simple
- Keep it going

5. How does the phrase *God always answers our prayers* sit with you? Why do you think prayers are not always “answered” in the way we’d like? (yes, no, wait)

6. Jesus taught his disciples a prayer that starts with “Our Father”. Why do you think Jesus chose the word “Father” and not “King” or “friend”?

7. Do you think prayers to God are more of a benefit to you? Or to God?